

Lecture 26

Saturday, July 17, 2021 06:25

Anabolic Steroids and an Introduction to Enzymes...maybe

- [skipping some of the arguments *against because I feel I would be able to argue more than efficiently against the use of steroids (based solely on my experience/career in sports) and would be able to argue *for the usage of steroids with this answer: "people can do what they want and I'm not one to judge someone based on their own health choices" 😊
- Sports aren't a level playing field
 - o The sport itself doesn't care if you have the biggest heart in the sport, only cares if you are actually good at the sport!
- Nobody wants a "clean" and "fair" contest
- [apparently running around on a broom was popular at pacific for a while]
- Truth: (?)
 - o Steroids don't *create* muscle; they **allow** you to train harder
 - o They aren't giving you vicarious liver toxicity
 - o You're not forced to compete against the steroid user
- Know these 9:
 8. The purported effects are unproven
 1. The athlete's health
 2. Unnecessary risk for harm, undue social coercion
 7. Harm to other people
 3. Steroids are unfair
 4. Steroids strip the soul from the sport
 6. Rules
 5. Natural v unnatural
 9. Steroid users are getting something from nothing
 - i. However, none of these arguments work; based on inconsistencies, fallacies, and false physiology